

GARFIELD PUBLIC SCHOOLS

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ANNA SCIACCA
SUPERINTENDENT

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Dear Parent/Guardians,

The Garfield Public Schools has recently adopted a revised Health/Family Life Course of study that will be offered to students in the Kindergarten through Eighth Grade. The grade level curriculum is attached. A copy of the entire curriculum and instruction materials to be implemented is available for review in the Principal's office.

As required by law (new Jersey Administrative Code 7:29 - 7.1 Section (1):
"any pupil whose parent or guardian presents to the school principal a signed statement that any part of the instruction in family life education is in conflict with her or his conscience or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given. No such pupil shall be penalized by loss of credit or denial of diploma otherwise earned."

Therefore, if you wish to excuse your child, please sign and return the statement below to your school principal.

Sincerely,

Anna Sciacca
Superintendent of Schools

Note: Return the bottom portion ONLY if any Program Concepts are objectionable

Dear Principal,

I would like my child excused from the following topic/topics of the attached Health Curriculum outline.

Print Student Name: _____ Grade/Homeroom : _____

Parent/Guardian Signature: _____ Date: _____

Health/Family Life
Program Concepts/Objectives
KINDERGARTEN

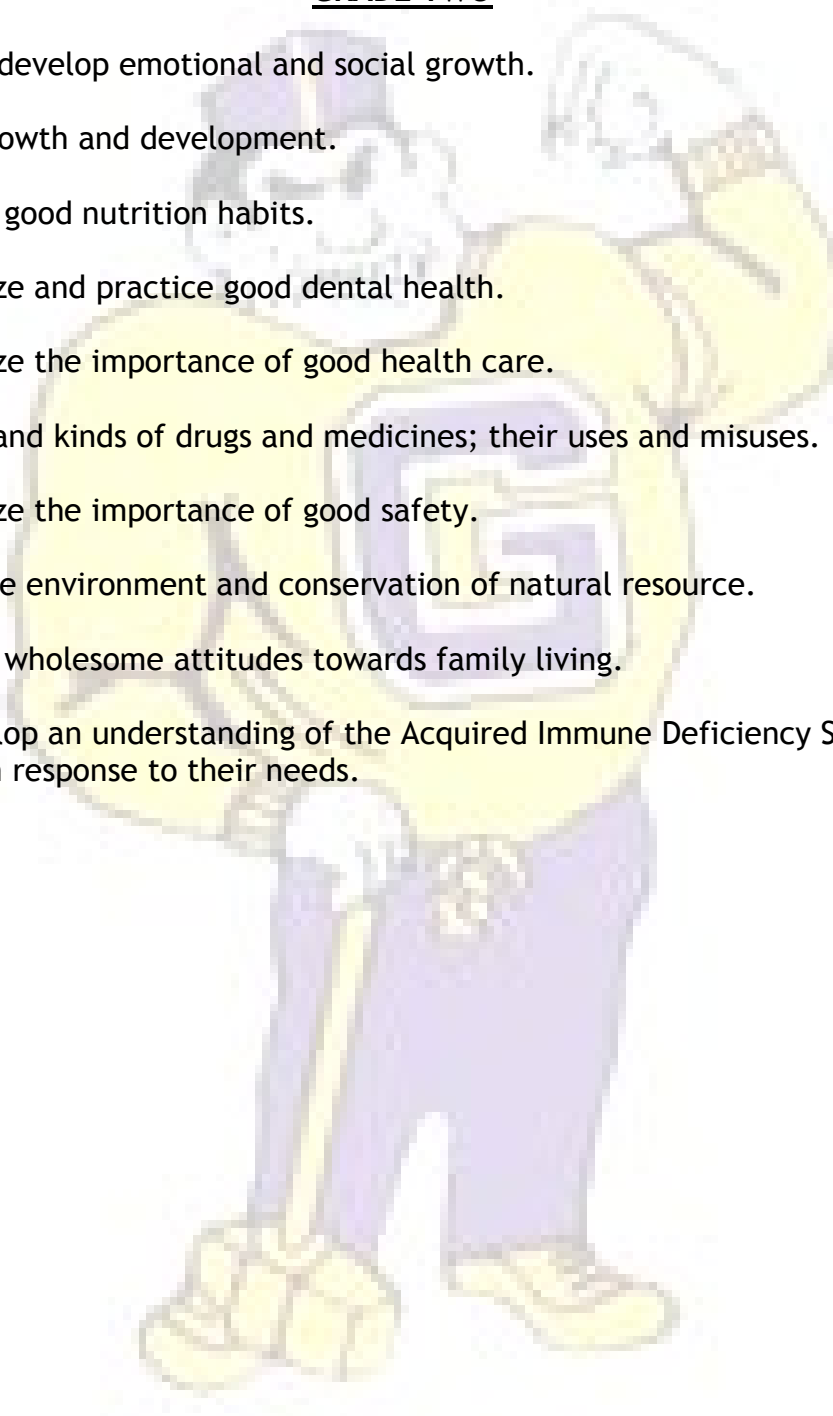
1. Develop emotional and social growth.
2. Present a study of physical body growth.
3. Study the effects of nutrition and exercise on body growth.
4. Develop ways to stay well and keep well.
5. Introduce safety rules for work and play.
6. Present basic understanding of environmental health habits.
7. Develop good personal health habits.
8. To develop an understanding of the Acquired Immune Deficiency Syndrome (AIDS) in response to their needs.

Health/Family Life
Program Concepts/Objectives
GRADE ONE

1. Further develop emotional and social growth.
2. Study growth and development.
3. Understand the importance of good nutrition.
4. Learn about good dental health.
5. Practice good health habits to stay healthy.
6. Understand kinds of drugs and medicines; their uses and misuses.
7. Learn good safety habits.
8. Learn about community health and pollution.
9. To develop an understanding of the Acquired Immune Deficiency Syndrome (AIDS) in response to their needs.

Health/Family Life
Program Concepts/Objectives
GRADE TWO

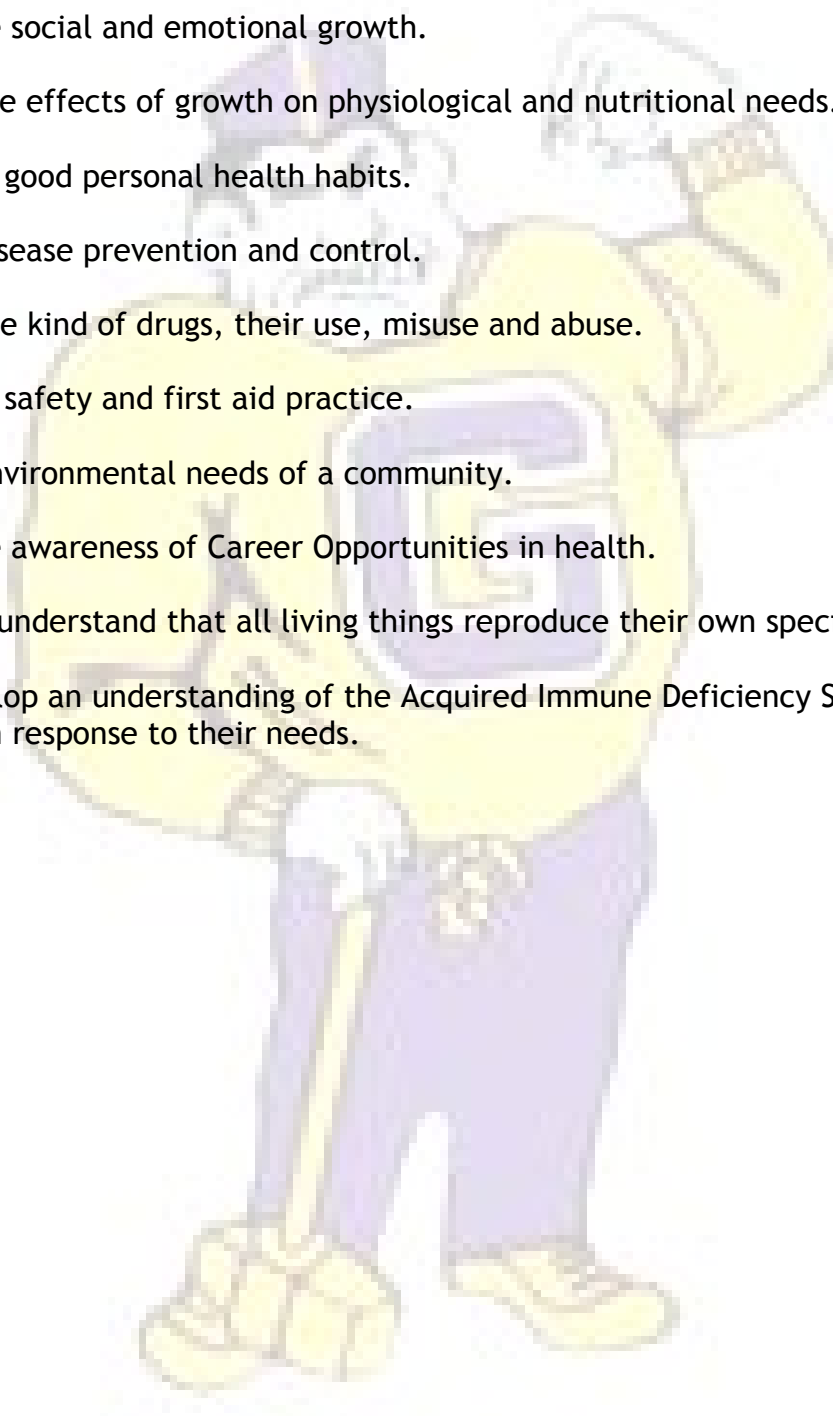
1. Further develop emotional and social growth.
2. Study growth and development.
3. Develop good nutrition habits.
4. Recognize and practice good dental health.
5. Recognize the importance of good health care.
6. Understand kinds of drugs and medicines; their uses and misuses.
7. Recognize the importance of good safety.
8. Study the environment and conservation of natural resource.
9. Develop wholesome attitudes towards family living.
10. To develop an understanding of the Acquired Immune Deficiency Syndrome (AIDS) in response to their needs.



Health/Family Life

Program Concepts/Objectives GRADE THREE

1. Promote social and emotional growth.
2. Study the effects of growth on physiological and nutritional needs.
3. Develop good personal health habits.
4. Study disease prevention and control.
5. Learn the kind of drugs, their use, misuse and abuse.
6. Develop safety and first aid practice.
7. Study environmental needs of a community.
8. Promote awareness of Career Opportunities in health.
9. Further understand that all living things reproduce their own species.
10. To develop an understanding of the Acquired Immune Deficiency Syndrome (AIDS) in response to their needs.



Health/Family Life

Program Concepts/Objectives GRADE FOUR

1. Develop a more detailed study of the growth and development of the human body.
2. Provide a more detailed study of the human body systems.
3. Study the effects of growth on changing nutritional physiological or psychological needs.
4. Recognize communicable diseases and their control. Heighten understanding of gum and tooth decay.
5. Understand kinds of drugs, their use, misuse and abuse.
6. Study and review safety and first aid skills.
7. Review causes of pollution and its prevention, change in the environment and future conservation of natural resources. Perceive functions of public health department.
8. Develop an awareness of career opportunities.
9. To develop an understanding of the Acquired Immune Deficiency Syndrome (AIDS) by providing knowledge concerning prevention, symptoms, transmission and treatment.

Health/Family Life
Program Concepts/Objectives
GRADE FIVE

1. Review how exercise improves physical fitness, good health and is a wholesome release to emotional change.
2. Identify the parts of the respiratory and circulatory systems and the function of each.
3. Understand the structure and function of the skin, hair, nails and teeth.
4. Recognize that humans must protect themselves against communicable diseases.
5. Heighten the awareness that there are good drugs and harmful drugs.
6. Provide knowledge of safety practices.
7. Develop an understanding of emotional growth and personality development.
8. Learn the body systems that control and communicate.
9. Recognize the importance of a well-balanced diet in maintain good health.
10. Understand the growth and development of the human body.
11. Develop an awareness of changes during puberty, growth patterns, rate of development and individual differences. Learn about human reproduction and the proper terminology that is used.
12. Understand the correlation between our environment and our health.
13. Heighten awareness of career opportunities
14. To develop an understanding of the Acquired Immune Deficiency Syndrome (AIDS) by providing knowledge concerning prevention, symptoms, transmission and treatment.

Health/Family Life
Program Concepts/Objectives
GRADE SIX

1. Develop a more detailed study of the growth and development of the human body.
2. Provide a study of all the body systems.
3. Study the effects of growth on changing nutritional, physiological and psychological needs.
4. Learn about communicable diseases and their control.
5. Understand the kinds of drugs, their use, misuse and abuse.
6. Study first aid skills.
7. Review causes of population and its prevention changes in the environment and future conservation of natural resources. Learn about the function of the Public Health Department.
8. Learn about careers in health.
9. To develop an understanding of the Acquired Immune Deficiency Syndrome (AIDS) by providing knowledge concerning prevention, symptoms, transmission and treatment.

Health/Family Life
Program Concepts/Objectives
GRADE SEVEN

1. Provide and develop an understanding of body systems and individual growth patterns.
2. Develop an understanding and respect for oneself and others.
3. Recognize the family as a basic unit.
4. Recognize and understand the social development of the teenager.
5. Recognize and discriminate use of proper terminology concerning human sexuality.
6. Establish independency as being necessary to total individual development.
7. Review and develop further understanding of the reproduction system as a body function.
8. Provide an understanding of personal health, hygiene and safety.
9. Develop ecological concepts.
10. Provide an understanding of medicines and drugs and their appropriate use.
11. Provide an understanding of tobacco, alcohol and their uses and abuses.
12. Recognize the careers related to public health.
13. To develop an understanding of the Acquired Immune Deficiency Syndrome (AIDS) by providing knowledge concerning prevention, symptoms, transmission and treatment.

Health/Family Life
Program Concepts/Objectives
GRADE EIGHT

1. Recognize and develop individual values as responsible members of society.
2. Provide an understanding of the social aspects of dating.
3. Recognize and understand that the adolescent of sex drive is a healthy, normal body function.
4. Provide an awareness that growth and reproduction are necessary to preserve human race.
5. Develop respect for the body and the environment.
6. Review and reinforce proper terminology.
7. Provide and develop an understanding of body systems.
8. Continue to provide an understanding of personal health, hygiene and safety.
9. Provide an understanding to medicines and drugs and their appropriate use.
10. Provide an understanding of tobacco, alcohol and their uses and abuses.
11. Provide an understanding of various career related to public health.
12. To develop an understanding of the Acquired Immune Deficiency Syndrome (AIDS) by providing knowledge concerning prevention, symptoms, transmission and treatment.